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President’s Message

It is hard to believe that we are in the month of April 2018. One quarter of the year almost gone.

The Board of Directors and Members of the Auburn Senior Center welcomes **Nancy Koschyk** to the Board of Directors. Nancy was the Treasurer on the Board a few years ago and decided to return to our Center. She has always had the senior community at heart. Nancy is a CPA and has her own business. We are very fortunate to announce Nancy Koschyk has accepted the position of Treasurer. She was sworn in on March 5, 2018 and is a great asset to the ASC.

Our Senior Center is buzzing with the tax season, new activities, and lots of new members. The last two quarters have brought approximately 100 new members. I believe under the guidance of our Executive Director Denise DiMiceli and her assistant Lisa Fuller, the Auburn Senior Center is on track to build its membership and attendance of our activities in accordance with our long term goals.

The Board of Directors has decided to reopen our TRAVEL DESK and we are now advertising several tours, trips, and cruises. We will have flyers and prices at the office, in our newsletter, and online. Be sure to read our Facebook page and our Web Page for information and updates. Call the office at (530) 823-8172 and ask about our exciting travel listings. We look forward to seeing many of our **Members, their families, and friends** benefit from our excellent prices

for these wonderful excursions. We also plan to advertise our tours and cruises throughout the Placer County communities.

Some of our Board Members and I recently attended a Nonprofit Leadership Summit sponsored by the Placer Community Foundation. These Summits are very educational and informative. One of the primary subjects on the agenda was **donations**. We believe the Auburn Senior Center’s large membership of 1,100 plus, will help us to grow our donations from our Members, family and friends. It is imperative that the Center start aggressively finding sources of income other than the dues and small fees we charge for our activities. We have also scheduled Fund Raisers and will soon start the advertising of these important income sources. Every Member of the Auburn Senior Center should be an advocate for soliciting donations for our Center.

I do stop at the ASC often and comments from our membership have been positive. I look forward to visiting with you. If and when you are in the office, please say hello and feel free to discuss any subject you may have of concern.

One great lesson I learned from my life is there is no market for showing your emotions, so never advertise your feelings, and just show your attitude.

From: “Beautiful Quotes”

Joe Rodrigues, President of the Board

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Travel and Tour Desk

We are off and running with the Travel segment of our Center. Please see the enclosed 2018 Travel Schedule for trips and dates. If you are interested in a tour or trip, make a reservation with payment as soon as you can as there is limited seating. Additional tour information can be found on the Auburn Senior Centers web page under the “Travel” link on the top menu.

Visit www.auburnseniorcenter.com.

Southwest Trip

Come along and experience the magic of the scenery, amazing arts, captivating history, and music of New Mexico. Immerse yourself in the culture and foods of this delightful area; *Land of Enchantment*. Trip goes the last week of October 2018. For those interested, please join us for an informational meeting with trip leader Sheryl Petersen.

Date: Thursday April 12

Time: 10-11am

AARP Driver Safety Classes

1) The AARP **Initial** Driver Safety Class that was scheduled for March 13th and 14th has been rescheduled for April 9th and 10th. All paid participants from that class have reserved seats for this class unless the Center is notified by the individual.

Dates: Monday April 9th and Tuesday April 10th

Times: 1:00 pm -5:30pm

2) AARP is offering a **Refresher** Driver Safety Class which is specifically designed for drivers 50 years and older. This course will review defensive driving techniques, new traffic laws, rules of the road how to compensate for age-related changes in vision, hearing and reaction time and more. This is a two class program of 4 hours each. This class will allow you to qualify for a DMV Mature Driver Improvement Course Certificate which should qualify you for a care insurance discount.

Dates: Tuesday May 1st

Time: 10:00 am till 3:00 pm

Cost: \$25.00 (\$5.00 discount with an AARP membership)

Reserve a seat with prepayment. Class size is limited. Call the center to check availability for both classes. 530-823-8172

Continuing Computer Basics & Beginning Internet

When: March 21-April 25, Wednesdays, 2PM-3:45 PM

Cost: \$8 per class for Senior Center Members
\$10 for non-members

Contact: Pat Garcia - 530-512-5045, pat@pat-garcia.com

Time: 10:00 am

Bring your laptop if you have one.

Senior Center Cinema

April 5th – My Big Fat Greek Wedding

A 2002 romantic comedy that became the highest grossing comedy of all time. "Toula", the daughter of proud Greek immigrants, was raised in the cultural tradition of marriage and motherhood. She, however, is 30 years old and still single. Frumpy and cynical, she fears her life will never change. Will it?

April 15th – Woman in Gold

The remarkable true story of one woman's journey to reclaim her heritage and seek justice for what happened to her family. We follow her journey to retrieve family possessions seized by the Nazis. Among them is Klimt's famous painting "Portrait of Adele." Stars Helen Mirren.

Showtime: 1:30 to 3:30 pm, **Cost:** Free

Bring your snacks – we provide water and coffee.

BBQ & Bocce (SAVE THE DATE)

Saturday June 2nd 10 am -2pm. Meet your fellow members and enjoy a fun time at ARD picnic area. Sign up for a bocce ball game and enjoy a BBQ at 12 noon.

Cost: \$6.00 per person Hamburgers, hot dogs, chips, drinks and desserts.

Special Events and Other Services

- Spaghetti Bingo-Spaghetti Bingo will be on Monday, April 16th, dinner served 5:30 pm till 6:30 pm with Bingo following. Cost \$6.00 for dinner. Bingo cards \$1.00 per card. Please RSVP 530-823-8172
- Caregiver Support Group First Tuesday of the month will not be meeting in April but will resume in May.
- Legal Services of Northern California Clinic. Call for an Appointment: 530-823-7560

Guest Speakers

1) Scam Prevention Tips

Scammers are getting more creative every day on how they approach us. This workshop will share information on how to recognize a scam and more importantly what to do if you have been a victim of a scam.

Presented by: Kathy Meylor-Hooper of Legal Services of Northern California.

When: Tuesday, April 10th

Time: 10:00 am

2) Post-Retirement Income Planning

What is the best way to use your retirement savings to maximize your income in retirement? Don't run out of money, one of the biggest concerns of retirees today.

Presented by: Natalie Litchfield of Finances for Your Nest

When: Tuesday, April 24th

Time: 1:00 pm

Smart Phones for Seniors

Everyone knows that cell phones these days are confusing, and unfortunately they are getting harder to avoid. If you would like some help with your smartphone, this class offers one on one assistance with a volunteer from Confluence High School to help answer any questions, and help show you the basics about your phone. (All smartphone brands welcome)

When: Tuesdays April 24th – May 15th

Time: 11:00 -12:30 pm (call 530-823-8172 to make a reservation)

Therapeutic Qigong

This class has been discontinued. Please call the Center if you would like information on other classes offered in the community for Tai Chi or Qigong

Board Members of the Auburn Senior Center

- Joe Rodrigues, President
- Dawn Marie Pesola, Vice President
- Nancy Koschyk, Treasurer
- Pamela Galloway, Secretary
- Sheryl Petersen
- Bridgett Hodkin
- Gary Young
- Cris Castro

Name the Travel Desk

The winner of the name the travel desk contest is Sandy Albretsen. Our new name is "Foothill Seniors on the Go."

Don't Forget Your Taxes!

AARP Tax-Aide is preparing TAX RETURNS for seniors at the Center every Monday, Tuesday, Wednesday, Friday *and* Saturday.

Between 9 AM and 4 PM

Through April 17, 2018

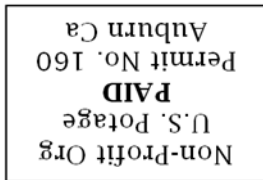
The Senior Center is now taking appointments

Come Have Lunch with Us

Come join us for lunch at the Seniors First Café located in the Auburn Senior Center. Each day, the Café serves a different nutritionally-balanced hot meal that is sure to please. Don't miss out on this opportunity to have lunch with your friends. Check our event calendar and make it an afternoon!

Lunch is served M-F from 11:00 AM to 1:00 PM. Please make reservations at the Café or call Seniors First at (530) 889-9500 x208

Visit www.auburnseniorcenter.com for the Café menu and more information.



Volunteers for the Multipurpose
SENIOR CENTER
550 High Street, Suite 107
Auburn, CA 95603

FOOTHILL SENIORS ON THE GO

Upcoming Trips

April 8th State Theatre Presents Young Frankenstein the Musical – Cost: \$20

April 10th Silver Legacy Reno Day Trip – Cost: \$35

May 8th Silver Legacy Reno Day Trip – Cost: \$35

May 19th The Walt Disney Family Museum in San Francisco

June 12th Silver Legacy Reno Day Trip – Cost: \$35

June 16th Sacramento Music Circus Presents Singin' in the Rain – Cost: \$154

Call Auburn Senior Center for details at (530) 823-8172

CLASSES, EVENTS, PROGRAMS & FUN!

Day	Description	Start	End	Members	Contact Name	Phone	Notes
MON	Aerobics	8:30 AM	9:30 AM	\$3.00	Eve Gutierrez	530-888-8693	
	Line Dancing	10:00 AM	11:30 AM	\$5.00	Bill Swayne	916-772-1156	
	Bridge Party	11:45 AM	3:30 PM	\$3.00	Nancy Dawson	530-878-5317	
	Greeting Card Craft	1:00 PM	3:00 PM	\$3.00	Danesia Wodarski	530-401-5251	
	Cribbage Club	6:00 PM	9:30 PM	\$3.00	Jerry Del Agostino	530-885-1266 530-368-7154	
TUE	Walking Group	9:00 AM		Free	Michele Irwin	530-885-6100 x26	
	Mahjong	11:30 AM	3:30 PM	\$3.00	Beverly	530-878-8007	
	Singing 101	6:00 PM	6:40 PM	\$3.00	Clifford Johnson	530-823-8172	
	Men's Choral Group	7:00 PM			Roger	530-823-0339	
WED	Aerobics	8:30 AM	9:30 AM	\$3.00	Eve Gutierrez	530-888-8693	
	Pinochle	10:30 AM	1:30 PM	\$3.00	Jo Anne Lewis	530-823-8172	Call ASC
	Zumba	12:00 PM	1:00 PM	\$7.00	Joanna Britt	530-613-2747	
	Sit N Stretch	1:15 PM	2:15 PM	\$7.00	Joanna Britt	530-613-2747	
	Pinochle	1:00 PM	3:30 PM	\$3.00	Ann Steinhart	530-367-3586	
THU	Painting Class	9:00 AM	3:00 PM	\$3.00	Marlene	530-633-4643	
	Knitting, Crocheting	10:00 AM	12 Noon	Free	ASC	530-823-8172	
	Ukulele	10:00 AM	11:30 AM	\$3.00	Cliff Johnson	530-346-2757	
	Gentle Yoga	10:30 AM	11:15 AM	\$3.00	Tai Batov	310-428-7465	
	Genealogy	11:00 AM	3:00 PM	Free	Richard Rands	530-823-8172	Call ASC
	Poker	11:30 AM	3:30 PM	\$3.00	Nancy Dawson	530-878-5317	
	Theater Thursday	1:30 PM	3:30 PM	Free	Marcia Biernat	530-401-6402	1 st , 3 rd Thu
	Wood Carving	4:00 PM	7:00 PM	\$3.00	Steve Gramberg	530-392-3206	
FRI	Aerobics	8:30 AM	9:30 AM	\$3.00	Eve Gutierrez	530-888-8693	
	Line Dancing	10:00 AM	11:30 AM	\$5.00	Valerie Harrison	530-269-2538	
	Mahjong	12:00 PM	3:30 PM	\$3.00	Harriet	530-823-3368	
	Penny Bingo	1:00 PM	3:00 PM	\$3.00 + 1 penny per card		530-823-8172	Call ASC
	Ballroom Dance Social	6:00 PM	10:00 PM	Call for pricing and Details	Hye Archer	916-276-9679	Lessons Included!
SUN	Ballroom Dance	3:00 PM	5:30 PM	Call for pricing	Hye Archer	916-276-9679	2 nd Sun

Non-Members please add \$2.00 for the cost of each class. Donations are always welcome for free events and classes.

FOOTHILL SENIORS ON THE GO 2018 TRAVEL SCHEDULE



April	
8	State Theatre Presents Young Frankenstein – Cost: \$20
10	Silver Legacy Reno Day Trip – Cost: \$35
20	String Fling Acoustic Guitar Festival in Auburn– Cost: \$15
May	
8	Silver Legacy Reno Day Trip – Cost: \$35
19	The Walt Disney Family Museum in San Francisco – Cost: \$81
June	
12	Silver Legacy Reno Day Trip – Cost: \$35
16	Sacramento Music Circus Presents Singin’ In The Rain – Cost: \$154
July	
10	Silver Legacy Reno Day Trip – Cost: \$35
28	Sacramento Music Circus Presents Gypsy – Cost: \$154
August	
10	Ukulele Concert & Festival at State Theatre – Cost: \$TBD
12	Sacramento Music Circus Presents Mamma Mia! – Cost: \$154
14	Silver Legacy Reno Day Trip – Cost: \$35
September	
3-11	Alaskan Cruise – Cost: \$TBD
6-7	International Camel & Ostrich Races in Virginia City – Cost: \$198
11	Silver Legacy Reno Day Trip – Cost: \$35
October	
9	Silver Legacy Reno Day Trip – Cost: \$35
17	Rosie the Riveter WWII Home Front National Historic Park – Cost: \$91
20	Community Harvest Festival at Recreation Park – Cost: \$TBD
23-30	Southwest Tour – Cost: \$TBD
November	
13	Silver Legacy Reno Day Trip – Cost: \$35