



# VOLUNTEERS FOR THE MULTIPURPOSE SENIOR CENTER

Activities and Events Volume 40 Number 2 • February, 2018

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## PRESIDENT'S MESSAGE

Welcome to the year 2018 and may you all have a very happy and prosperous New Year.

In hiring Denise DiMiceli as Executive Director of the Auburn Senior Center (ASC), the Board of Director's have brought an active, experienced and very people-oriented personality to the center. We now also have an assistant to the Director, Lisa Fuller who also has experience working with the senior community. These employees are doing an excellent job for your center. I invite each and every member to visit ASC and meet the new staff and to enjoy all the activities the ASC provides.

Our Executive Director and our Board of Director Sheryl Petersen are creating an annual calendar for the year 2018. The calendar will show members specific events that will be scheduled monthly throughout the year. The calendar will help our members to schedule their specific likes in advance for activities, travel tours, fund raisers etc. I believe this calendar will be very helpful to our membership.

Many of you who patronize the center have seen changes to the centers physical look at the main office. These changes are necessary to utilize the leased space the center occupies and to make it easier to schedule the many activities that ASC provides.

The Board surveyed several non-profit senior centers and found that ASC's fees, dues and rental charges were not compatible to the industry standards. After a review of our financial status and budget, the Board approved a minimal increase to ASC's dues, activities fee, and rental charges effective January 1, 2018. (The amounts were noted in our January 2018 newsletter).

We welcome and congratulate Cris Castro who was sworn in on January 13th to the ASC Board of Directors. Cris brings to the board and to ASC extensive experience in fund raising, accounting and tax preparation for Non Profits.

Check your newsletters for the several new classes, speakers and activities the center has provided for sustaining your health, education and wellbeing. You will find included with this newsletter a Volunteer Opportunities Survey, it is an important survey and ASC will appreciate it if you complete and return the survey to the center as soon as possible.

Our lives begin to end the day we become silent about things that matter.

Injustice anywhere is a threat to justice everywhere. - **Joe Rodrigues, President**

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## HOLIDAY SCHEDULE

The center will be closed on Monday, February 19, 2018 in observance of President's Day.

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## TAX TIME IS HERE AGAIN

AARP Tax-Aide will be doing TAX RETURNS Monday, Tuesday, Wednesday, Friday \*and\* Saturday.

- ✓ Between 9 AM and 4 PM
- ✓ Starting February 2, 2018
- ✓ The Senior Center is now taking appointments

**THURSDAY CENTER CINEMA**

**Feb 1<sup>st</sup> - Secondhand Lions**

This touching film follows the adventures of a shy young boy who is sent to spend the summer with his eccentric uncles. This is a great storyline with a heartwarming message and a lot of laughs. Stars Michael Caine and Robert Duvall.

**Feb 15<sup>th</sup> - Victoria and Abdul**

Judi Dench plays the powerful and aging Queen Victoria who finds unexpected late-life joy of the platonic variety with her Indian servant. Released in 2017, this story is taken from actual historical documents.

**Showtime:** 1:30 to 3:30 pm

**Movies are free:** Donations are welcome. Bring your snacks – we provide water and coffee.

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**AARP DRIVER SAFETY CLASS**

AARP is offering a Refresher Driver Safety Class which is specifically designed for drivers 50 years and older. This course will review defensive driving techniques, new traffic laws, rules of the road how to compensate for age-related changes in vision, hearing and reaction time and more. The class is 4.5 hours long. You must have had the 8 hour initial course within the last 3 years to qualify for the refresher course which may allow you to qualify for a DMV Mature Drive Improvement Course Certificate. Check with your insurance provider to see if this will allow for a discount.

**Date:** Tuesday February 27, 2018

**Time:** 10:00 am till 3:00

**Cost:** \$25.00 (\$5.00 discount with a AARP membership)

Call and reserve a seat with prepayment. Class size limited.

**RENAME THE TOUR DESK CONTEST**

The Auburn Senior Center is getting ready to reopen our Tour Desk and would like to get your ideas on how to rename it. The Tour Desk is currently named "Happy Times Seniors". What would you like to name our group?

Please submit your ideas via phone, in person or email to Lisa by February 16, 2018. A prize will be awarded to the winning entry.

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**RENO TRIP**

Our first Reno Day trip will be Tuesday February 27<sup>th</sup>. Please call the Center or stop by for further details and to make a reservation.

**Cost:** \$35.00 per person

Minimum attendance required: 30

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**VETERANS AND MEDICARE**

Learn how to capture the benefits you deserve as a Veteran and are entitled to that no one tells you about.

- Topics include: Medicare how-to's and open enrollment.
- Stay at home/palliative care. What is it?
- Veteran benefits and care plus Medi-Cal ins and outs.

**Date:** Thursday, February 1, 2018

**Time:** 2:00 pm – 3:00 pm (please RSVP)

**SPECIAL EVENTS & OTHER SERVICES**

- **Spaghetti Bingo** – Spaghetti Bingo will be Monday, February 12th, dinner served 5:30 pm till 6:30 pm with Bingo following. Cost \$6.00 for dinner. Bingo cards \$1.00 per card. Please RSVP at Center.
- **Valentines Potluck** - Bring a dish that will serve 8. Call or drop by the center to sign up. Come to the potluck and stay for the movie at 1:30 pm! (see movie listing) When: Thursday February 15th Time: 12 noon.
- **Senior Legal Services** - 2nd & 4th Wednesday 1:00 - 3:00 pm **Call: 530-823-7560**, Legal Aid for a 20 minute appointment

# CLASSES, EVENTS, PROGRAMS & FUN!

Day	Description	Start	End	Members	Contact Name	Phone	Notes
MON	Aerobics	8:30 AM	9:30 AM	\$3.00	Eve Gutierrez	530-888-8693	
	Line Dancing	10:00 AM	11:30 AM	\$5.00	Bill Swayne	916-772-1156	
	Bridge Party	11:45 AM	3:30 PM	\$3.00	Nancy Dawson	530-878-5317	
	Greeting Card Craft	1:00 PM	3:00 PM	\$3.00	Danesia Wodarski	530-401-5251	
	Therapeutic Qigong	4:30 PM	5:30 PM	\$7.00	Natalia Roberti	831-706-5349	
	Cribbage Club	6:00 PM	9:30 PM	\$3.00	Jerry Del Agostino	530-885-1266 530-368-7154	
TUE	Gentle Yoga	8:30 AM	9:30 AM	\$3.00	Tai Batov	310-428-7465	
	Walking Group	9:00 AM		Free	Michele Irwin	530-885-6100 x26	
	Mahjong	11:30 AM	3:30 PM	\$3.00	Beverly/Harriet	530-878-8007/530-823-3368	
	Writing From Your Life	1:30 PM	3:00 PM	\$3.00	Brian Hassett		6 weeks, Ends 2/14
	Men's Choral Group	7:00 PM			Roger	530-823-0339	
WED	Aerobics	8:30 AM	9:30 AM	\$3.00	Eve Gutierrez	530-888-8693	
	Pinochle	10:30 AM	1:30 PM	\$3.00	Jo Anne Lewis	Call ASC	
	Zumba	12:00 PM	1:00 PM	\$7.00	Joanna Britt	530-613-2747	
	Sit N Stretch	1:15 PM	2:15 PM	\$7.00	Joanna Britt	530-613-2747	
	Pinochle	1:00 PM	3:30 PM	\$3.00	Ann Steinhart	530-367-3586	
	Computer Basics	2:00 PM	3:45 PM	\$8.00	Pat Garcia	530-512-5045	6 Weeks, Ends 2/14
	Therapeutic Qigong	4:30 PM	5:30 PM	\$7.00	Natalia Roberti	831-706-5349	
THU	Gentle Yoga	8:30 AM	9:30 AM	\$3.00	Tai Batov	310-428-7465	
	Painting Class	9:00 AM	3:00 PM	\$3.00	Marlene	530-633-4643	
	Matter of Balance	9:30 AM	11:30 AM	Free	Denise	8 Weeks, Ends March 1st	
	Knitting, Crocheting	10:00 AM	12 Noon	Free		Call ASC	
	Ukulele	10:00 AM	11:30 AM	\$3.00	Cliff Johnson	530-346-2757	
	Genealogy	11:00 AM	3:00 PM	Free	Richard Rands	Call ASC	
	Poker	11:30 AM	3:30 PM	\$3.00	Nancy Dawson	530-878-5317	
	Theater Thursday	1:30 PM	3:30 PM	Free	Marcia Biernat	530-401-6402	1 <sup>st</sup> , 3 <sup>rd</sup> Thu
	Wood Carving	4:00 PM	7:00 PM	\$3.00	Steve Gramberg	530-392-3206	
FRI	Aerobics	8:30 AM	9:30 AM	\$3.00	Eve Gutierrez	530-888-8693	
	Line Dancing	10:00 AM	11:30 AM	\$5.00	Valerie Harrison	530-269-2538	
	Mahjong	12:00 PM	3:30 PM	\$3.00	Beverly/Harriet	530-878-8007/530-823-3368	
	Penny Bingo	1:00 PM	3:00 PM	\$3.00 + 1 penny per card		Call ASC	
	Ballroom Dance Social	6:00 PM	10:00 PM	Call for pricing and Details	Hye Archer	916-276-9679	Lessons Included!
SUN	Ballroom Dance	3:00 PM	5:30 PM	Call for pricing	Hye Archer	916-276-9679	2 <sup>nd</sup> Sun

**Non-Members please add \$2.00 for the cost of each class. Donations are always welcome for free events and classes.**

Non-Profit Org  
U.S. Postage  
**PAID**  
Permit No. 160  
Auburn Ca

Volunteers for the Multipurpose  
SENIOR CENTER  
550 High Street, Suite 107  
Auburn, CA 95603

# Valentine's

P O T L U C K

Bring a dish that will serve 8 people. Call or drop by the center to sign up. Come to the potluck and stay for the Thursday Ciniema at 1:30 pm!

Thursday February 15th Time: 12 noon.